

Information For the Use of  
Olmesartan 40 mg + hydrochlorothiazide 12.50 mg tablet

# Olmeslide H 40 Tablet

**Brand Name:** Olmeslide H 40 Tablet

**Dosage Form:** Tablet

**Composition:**

Each film-coated tablet contains:

- Olmesartan Medoxomil IP 40 mg
  - Hydrochlorothiazide IP 12.5 mg
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**Description:**

Olmeslide H 40 Tablet is a fixed-dose combination of Olmesartan Medoxomil, an angiotensin II receptor blocker (ARB), and Hydrochlorothiazide, a thiazide diuretic. It is indicated for the management of hypertension in patients requiring combination therapy for effective blood pressure control. It helps in lowering elevated blood pressure through complementary mechanisms and reducing the risk of cardiovascular complications.

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**Indications:**

Indicated for the treatment of:

- Essential hypertension
- Hypertension inadequately controlled with monotherapy

It helps in maintaining optimal blood pressure levels and improving cardiovascular health.

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**Dosage & Administration:**

Dosage should be as directed by the physician.

The tablet may be taken with or without food, preferably at the same time each day.

Regular monitoring of blood pressure, renal function, and serum electrolytes is recommended.

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**Pharmacological Action:**

- Olmesartan Medoxomil blocks angiotensin II AT1 receptors, resulting in vasodilation and reduced aldosterone secretion.
- Hydrochlorothiazide promotes sodium and water excretion by inhibiting sodium reabsorption in the distal renal tubules.

Together, these actions provide effective and sustained reduction of blood pressure.

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**Side Effects:**

Common side effects include dizziness, headache, weakness, increased urination, and electrolyte imbalance.

Rarely, hypotension, renal dysfunction, or hypersensitivity reactions may occur.

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**Precautions & Warnings:**

- Use with caution in patients with renal or hepatic impairment
- Monitor serum electrolytes and renal function periodically
- Risk of dehydration and hypotension may increase in volume-depleted patients
- Use cautiously in diabetic patients or those with gout
- Not recommended during pregnancy

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**Drug Interactions:**

**May interact with NSAIDs, lithium, potassium supplements, corticosteroids, and other antihypertensive agents.**

**Concurrent use with alcohol may enhance hypotensive effects.**

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**Storage:**

**Store below 25°C in a cool, dry place.**

**Protect from moisture and light.**

**Keep out of reach of children.**

Manufactured in India for:



**Cafoli Lifecare Pvt. Ltd.**

**(An ISO 9001: 2015 Certified Co.)**

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